

You're amazing! Now go ahead and claim it!

Archetypes can be a powerful way of embodying the masterful creator in a way that resonates with your personal style! We can draw some inspiration from the following Archetypes I've identified. They come up repeatedly in the soul and life purpose readings that I do. Here's how to complete this fun and powerful tool.

Instructions

Part I. Read through the archetypes and see if you relate to any of them. Then pick one you like.

Part II. Answer the qualities you admire questions. Is there a quality that keeps showing up for you? If so, it's most likely because you relate with that quality, and value it on a soul level. When you've identified a quality you really value, pair that up with the archetype you identified in Part 1.

You'll have your own unique blueprint for how you want to "do life"!

Part 1: Find Your Archetype

You may enjoy the idea of the conquering **hero**, who would gladly sacrifice life's comforts for your ideals. You are an idealist, and value your principles. You resonate with the knights of old, and love the idea of being loyal to a worthy cause or individual! But sometimes a hero's desire for praise can overshadow the initial desire to be a contribution.

Perhaps you like the fire and passion from the **warrior** energy, but would like to lose the sharpness, and bite that can come with it. You can get a lot of energy and joy from developing your physical and or mental strengths. A warrior has a need to defend, and may feel most fulfilled when she is fighting for herself or another. And because a warrior loves a challenge, she may find herself creating them in order to have something to defend!

And there is the **queen**, who may rule with wisdom and compassion, cultivating a way of being that uplifts and supports others. The queen is a leader, and is naturally fulfilled when she leads. And she also enjoys the finer things in life. Like all archetypes, there is a higher or lower ideal. For example, the queen energy can be expressed in a dictatorial way, steamrolling one's way through life, demanding satisfaction, concerned only with one's own wellbeing.

The archetype of the **shaman** may speak to you, because you inherently feel the connectedness in all things. You can see the deeper truth that resides beneath what most people can only see with their physical eyes. The shaman can be a powerful ally and guide, or can withdraw into the realm of spirit. Great skill is needed in order to ground oneself, at will, in both worlds.

You're amazing! Now go ahead and claim it!

The energy of the **priestess** brings forth the desire to align with a higher way of being, one that supports the community in which she resides. She is drawn to understanding deeper spiritual truths, and may protect or teach them to others. She feels, or has a desire for a deeper sense of the sacred in the everyday. She uses and may teach spiritual practices to others. Balancing one's duties with the desire to be immersed in one's own spiritual journey is often the challenge of this archetype.

The **magician** is ever present to the magic that is woven into the very fabric of life. She sees life's experiences as opportunities to use her magic wand, whatever her chosen tool may be. One thing's for certain, a powerful magician will find and use the best tools of her trade! The challenge for this archetype is often found in choosing the "right tool", because from the vantage point of the magician, there are so many to choose from!

The **king** at his finest is responsible and steady. He surveys what transpires and is able to see what needs to be done for the benefit of all. He loves to be in charge, and may rule with an iron fist, or from deep wisdom, and the higher understanding, that it is those he leads, that he owes his allegiance to! For there can be no leader without those who are willing to follow. It is only by agreement that a king can rule. For a young king, arrogance can be his greatest enemy.

And the often misunderstood **fool**, brings the gifts of innocence and the enthusiasm of youth. She loves an adventure, blissfully unaware of the pitfalls that may await her on her journey. But are they pitfalls or opportunities for greater joy and learning? Well, that is for you to decide.

The **hermit** is not all that concerned with other people's opinions, or the nightly news for that matter. It's not that she doesn't care; it's simply that she's been there, and done that! She enjoys solitude and may have transcended, or has a desire to transcend the need for the drama that's prevalent in much of everyday living.

The **elder** has traveled far and wide, and shares what she has learned to guide others in a clear and powerful way. She is seasoned, and has most likely experienced all of the other archetypes. So she understands the potential pitfalls and joys of each archetype. She can be compassionately and calmly detached, and a powerful guiding influence. Because the elder has experienced so much, there's a possibility of withdrawing early from life. This is not to be confused with escape. An elder never feels a need to escape, because she is already detached from the illusion of pain and suffering.

The **healer** is one who is naturally drawn to helping others transform, or heal emotional or physical injuries. She is able to sense when others are in need of assistance, has an inherent desire to provide comfort, and a strong desire to alleviate pain and suffering. The healer's challenge is often found in learning to balance her needs with the needs of others. And so self-care can be overlooked.

You're amazing! Now go ahead and claim it!

The **oracle** is one who is naturally gifted at seeing what has been, what is, and what may transpire. She sees the connections of cause and effect, and can be a powerful strategic advisor. She is able to see the big picture, possible outcomes, and what needs to shift in order for desired outcomes to emerge. A powerful oracle can easily set aside her personal filters to hear and see for others, with crystal clarity. An emerging oracle must learn discernment, and needs to guard against intermingling her own agenda and personal filters in order to be of the highest service.

The **teacher** values learning, and gets a deep sense of fulfillment from sharing what she has learned with others. A powerful teacher is able to adapt her style to accommodate the needs of her students, and may see teaching as a way to instruct, coach, enlighten, or contribute to the wellbeing of others. A teacher who loves an audience must exercise caution in becoming too immersed in their own rewards, and thus losing touch with what is best for her students.

If you didn't find one here that landed for you, you may want to consider some modern day versions of archetypes such as the rapper, muse, actor, ceo, reporter, dancer, or engineer, for example.

This list is by no means exhaustive. These are my interpretations of the most common archetypes I see playing out in people's lives. They're based on my personal experiences and observations in the soul purpose work that I do.

Part II. Qualities and Attributes

Look over the exercises you've completed throughout the program. Is there a quality that keeps showing up for you? What qualities did you list about yourself and others that you admire? Does one stand out for you? If so, it's most likely because you relate with that quality and value it on a soul level.

Examples:

Perky, happy, fast-paced, energetic, gentle, kind, creative, effervescent, structured, free-spirited, adventurous, light-hearted, serious, curious, enthusiastic, fair, loving, care-free, trusting, grounded, flexible, trustworthy, joyous, clever, wise, unique, elegant, discerning, natural, faithful, loyal, stable, clear ...

No Pair that up with the archetype you selected for yourself in Part 1.

What did you come up with? If you lived from that vantage point as you were masterfully creating, how would your life shift? How would you feel?